

Volume 14, Issue 40 No 717 the week of 15 August 2016

You can now download your copy of HF Happenings from www.sarl.org.za/hf\_happenings.asp.

#### Oh Fruit Cake!

Wow, suddenly I am public enemy number 1. Why you ask? Because I went and changed an e-mail address for contest logs, but did not get permission from members.

In late 2015 when the 2016 Contest Manual was drawn up, contest@netactive.co.za was the e-mail to use. Earlier in this year, I decided to close some of my e-mail accounts and decided that <u>zs4bfn@mweb.co.za</u> would be the e-mail for the Club and for contests hosted by the Club. When I started advertising the SARL HF Contests and the SARL YL Sprint in HF Happenings and SARL News, I made mention that zs4bfn@mweb.co.a is the only e-mail to use. I must accept that members do not read HF Happenings or listen to SARL News!!

Please take note that for the SARL National Field Day in September, the ONLY e-mail address to use is zs4bfn@mweb.co.za

## International Lighthouse and Lightship Weekend

Who is going to work all fourteen South African Lighthouses during the weekend of 20 and 21 August during the International Amateur Radio Lighthouse Weekend event? You will find all the information at www.illw.net.

South Head, Saldanha Bay, ZA0031, activated by ZS1DJR, QSL via the bureau North Head, Saldanha Bay, ZA0029, activated by ZS1FC, QSL via the bureau Robben Island, ZA0008 (and IOTA AF-064) activated by ZS9V, QSL via the bureau or LoTW http://zs9v.org.za

Milnerton Lighthouse, ZA0019, activated by ZS10AK, QSL via the bureau Green Point, Cape Town, ZA0006, activated by ZS1CT, QSI via LoTW or Bureau Slangkop Point, ZA0015, activated by ZS1FRC, QSL via Box 37724, Valyland, 7978 Cape Hangklip, ZA0010, activated by ZS1C, QSL via the bureau Danger Point, ZA0005, activated by ZS10AR, QSL direct to ZS1EZ Cape Agulhas, ZA0011, activated by ZS1BAK, QSL via the bureau www.bark.org.za/ Seal Point, ZA0021, activated by ZS2PE, QSL direct or e-QSL <a href="http://www.zs2pe.co.za/">http://www.zs2pe.co.za/</a> Cape Recife, ZA0022, activated by ZS2EC, QSL direct, e-QSL or LoTW Donkin Reserve/The Hill, ZA0023, activated by ZS2ZU, QSL via the bureau or direct North Sands Bluff, ZA0016, activated by ZS5HAC, QSL via the SARL bureau Lighthouse, ZA0004, activated by ZS5D, QSL via e-mail to ZS5D at http://www.durbanarc.org.za/

# South African Radio League HF Digital Contest

The aim of the HF Digital Contest is for participants to contact as many amateurs in Southern Africa as possible using RTTY and PSK31 on the 20, 40 and 80 m amateur bands. The Digital Contest takes place from 13:00 to 16:30 UTC on Sunday 21 August 2016 with activity on 3 580 to 3 600 kHz, 7 040 to 7 060 kHz and 14 070 to 14 099 kHz.





You can participate as a Single Operator Single Band station, a Single Operator All Band station, a Multi Operator Single Band station or a Multi Operator All Band station. Individual competitors and club stations are encouraged to compete. The exchange is a RS report and a consecutive serial number starting at 001. According to Rule 5.(c) of the General Rules states, "However, a multi-operator station transmitting on several bands simultaneously may at their discretion use separate number sequences for each band."

Digital contacts count 2 points. Count two points for each area (see below) on each band and count 2 points for each station contacted on all three bands.

Area 1: ZS1 Western Cape Area 2: ZS2 Eastern Cape

Area 3: ZS3 Northern Cape

Area 4: ZS4 Free State Area 5: ZS5 KwaZulu-Natal

Area 6: ZS6 Gauteng, Mpumalanga; Limpopo and North West

Area 7: 3DA Swaziland, 7P Lesotho, C9 Mozam-

bique, Z2 Zimbabwe, Z58 Marion Island Area 8: 9J Zambia, A2 Botswana, V5 Namibia,

ZD9 Gough and Tristan da Cunha Islands, ZS7

Antarctica

Area 9: DX

## August

4 to 6 - !Naba Food and Wine Festival Upington

6 – Thabazimbi Apiesdoring Carnival

7 – SARL HF Phone Contest

9 - National Women's Day; SARL YL Sprint

12 to 14 – West Coast Craft Festival, Velddrif

14 - SARL Youth Net

20 and 21 - International Lighthouse and Lightship Weekend

21 – SARL HF Digital Contest

23 - Closing date for September Radio ZS articles

26 and 27 - Hantam Vleisfees, Calvinia

28 - SARL HF CW Contest

# September

3 – West Rand Flea Market

10 and 11 - SARL National Field Day

11 – SARL Youth Net

16 – World Ozone Day

17 and 18 - SARL VHF/UHF Contest; All Africa DX Contest

22 - Spring Equinox

24 - National Braai Day and Heritage Day

24 and 25 - CQ WW RTTY Contest

26 - Closing date for October Radio ZS

27 – World Tourism Day

30 - All schools close

Certificates are awarded to the first three places and the highest single band score in the contest. Silent Keys Memorial Trophy SSB - awarded by the Contest Committee to the amateur who achieves the highest score during the annual South African Radio League HF Phone Contest and the Joseph White Trophy - awarded by the Contest Committee to the amateur who achieves the highest score on any one band, during the annual South African Radio League HF Phone Contest.

Submit your log in ADIF, Cabrillo or MS Excel format and labelled "your call sign HF Digital," by 28 August 2016 by e-mail to zs4bfn@mweb.co.za

## 3YOZ Bouvet Island DXpedition 2018

An international team of operators will be active as 3YOZ from Bouvet Island (AN-002) in early 2018. Operators mentioned are Franz, DJ9ZB, Nodir, EY8MM, Jorge, HK1R, Ralph, KOIR, Bob, K4UEE, Craig, K9CT, Erling, LA6VM, a second LA op (TBN), George,



N4GRN, Arnie, N6HC, Jim, N9TK, Jeff, NM1Y, Michael, PA5M, Andy, UA3AB, Neil, VA7DX, Steve, VE7CT, Glenn, W0GJ, Gregg, W6IZT, Hal, W8HC and Jerry, WB9Z. Activity (TBA) will probably be on 160 to 10 metres using CW, SSB and RTTY. The QSL Manager for the 3YOZ DXpedition will be Bob, N2OO. A Web page is now active at <a href="http://www.bouvetdx.org">http://www.bouvetdx.org</a>

[Press Release #2, dated 11 August 2016]

We are pleased to announce that our website <a href="www.bouvetdx.org">www.bouvetdx.org</a> is now active. Now, you can see more about our plans to activate the #2 DXCC "most wanted" entity. You will also meet the operating TEAM. You will recognize most, if not all the call signs as these operators have given out millions of DXpedition QSOs over the years.

We plan to be active on Bouvet on all available bands using the common modes with the very best antennas, radios and amplifiers. The duration of our visit to "the most remote island on Earth" may be as long as three weeks, weather permitting of course. As with our many previous DXpeditions, we expect to make tens of thousands of QSOs. That is our #1 goal, consistent with the safety of the operating team.

Now that the website is up, we are officially beginning our fund-raising program. As with our other DXpeditions, the operating team is committed to provide one-half (50%) of the DXpedition costs. We are asking DX foundations, DX clubs, individual DXers and equipment vendors to provide the remainder. We believe this arrangement is fair and equitable. As always, you have the option of using PayPal, a credit card or a personal/club check.

We appreciate you becoming our partner in very expensive under taking. 73, For the TEAM, Ralph, KOIR, Bob, K4UEE, and Erling, LA6VM

## African DX

Africa DX Net - every Saturday afternoon from 14:00 UTC on 14,260 MHz hosted by Mike, V51MA, Leon, A25SL, and Tinus, Z56MHK.



Kenya, 5Z. Franz, DC4CQ, is currently active as 5Z4/DC4CQ near Migori. The length of his stay is unknown. Activity has been on 20 and 15 metres SSB. QSL via his home call sign.

Senegal, 6W. Charles, KG4KCT, is now active as 6W4AA from Dahra Djoloff. The length of his stay is unknown, but he is there working. He states that he will be using "a FT-450D into a DXCC dipole at about 40 feet." QSL via his home call sign direct.

Algeria, 7Y. Operators from the Algerian Amateur Radio Union (ARU) will be active from five lighthouses in the next coming months. They will be using special call signs whose suffixes form the word 'LIGHTHOUSE' as follows: 7Y9LI from Cap Ivi, 7Y9GH from Cap Tenes, 7Y9TH from Ras Afia, 7Y9OU from Cap Fer Marsa and 7Y9SE from Cap Sigli. QSL for all call signs are via SM4VPZ. In addition, an electronic certificates and plaque are available. Details on the rules and trophy can be read at <a href="http://www.qrz.com/db/7X5ARU">http://www.qrz.com/db/7X5ARU</a>. The following call signs and schedule of operations are as follows:

7Y9LI - 17 to 22 August, the Cap Ivi Lighthouse (ALG-013) at Mostaganem, JM06cc

7Y9GH - 21 to 26 September, the Cap Tenes Lighthouse (ALG-018) at Chlef, JM06gn

7Y9TH - 27 to 31 October, the Ras Afia Lighthouse (ALG-029) at Jijel, JM26ut

7Y9OU - 15 to 21 November, the Cap Fer Marsa Lighthouse (ALG-011) at Skikda, JM37nc

7Y9SE - 7 to 15 December, the Cap Sigil Lighthouse (ALG-016) at Bejaia, JM26jv For more details and updates, watch http://www.aru-dz.org

### African Islands

**IOTA** frequencies

CW: 28 040 24 920 21 040 18 098 14 040 10 114 7 030 3 530 kHz SSB: 28 560 28 460 24 950 21 260 18 128 14 260 7 055 3 760 kHz



South Africa, ZS - Western Cape Province South West group AF-064. Jan, ZS1VDV, Paul, ZS1V, Barnie, ZS1BM, and Bruce, ZS1FX, activate Robben Island on 19 to 21 August with the call ZS9V. QSL via MOOXO, ClubLog OQRS.

Canary Islands, EA8. Mauro, IV3HAX is currently active from Fuerteventura AF-004 until 27 August as EA8/IV3HAX on HF (CW, RTTY). QSL via LoTW, OQRS.

Algeria, 7X - Mediterranean Sea Coast West group AF-094. Operators from the Amateurs Radio Algeriens Club are going to put Plane Island (WW Loc IM95ns) on the air from 17 to 20 August as 7V9A. For QSL information see <a href="https://www.grz.com">www.grz.com</a>.

Cape Verde, D4. Ralf, DK8FA, activates Boavista Island (AF-086) holiday-style between 15 and 28 September as D44TUJ with a focus on 20 and 17 m (digital modes). QSL via DK8FA.

Reunion Island, FR. Heye, DJ9RR, is now active as FR/DJ9RR from Reunion Island (AF-016). The length of his stay is unknown. Activity has been on 10 metres SSB. QSL via his home call sign.

#### Contest Calendar

This week's contests as compiled by Bruce Horn, WA7BNM. The period covered is 15 to 22 August 2016

Phone Fray

02:30 - 03:00 UTC 17 August

Mode: SSB

Bands: 160, 80, 40, 20, 15 m

Classes: Single Op Max power: 100 watts

Exchange: NA: Name and state, province or

country; non-NA: Name

Work stations: Once per band

QSO Points: NA station: 1 point per QSO; non-NA station: 1 point per QSO with an NA

station

Multipliers: Each US state (including KH6/KL7) once per band; Each VE province/territory once per band; Each North American country (except W/VE) once per

band

Score Calculation: Total score = total QSO

points x total mults

Submit logs by: 03:00 UTC 19 August 2016

E-mail logs to: (none)
Post log summary at:

http://www.3830scores.com

Mail logs to: (none)
Find rules at:

http://www.perluma.com/Phone\_Fray\_Contes

t\_Rules.pdf

CWops Mini-CWT Test

13:00 - 14:00 UTC and 19:00 - 20:00 UTC 17 August and 03:00 - 04:00 UTC 18 August

Mode: CW

Bands: 160, 80, 40, 20, 15, 10 m Classes: Single Op - QRP, low or high Max power: HP: >100 watts; LP: 100 watts;

QRP: 5 watts

Exchange: Member: Name and member no; non-Member: Name and state, province or

country

Work stations: Once per band QSO Points: 1 point per QSO Multipliers: Each call once

Score Calculation: Total score = total QSO

points x total mults

Submit logs by: 04:00 UTC 20 August 2016

Post log summary at:

http://www.3830scores.com

Mail logs to: (none) Find rules at:

http://www.cwops.org/cwt.html

**QRP Fox Hunt** 

01:00 - 02:30 UTC 19 August

Mode: CW

Bands: 20 m Only

Classes: Single Op - fox or hound

Max power: 5 watts

Exchange: RST, state, province or country,

name and power output QSO Points: 1 point per QSO

Multipliers: (none)

Score Calculation: Total score = total QSO

points

Submit logs by: 02:30 UTC 20 August 2016

E-mail logs to: (see rules)
Mail logs to: (none)
Find rules at:

http://www.grpfoxhunt.org/summer\_rules.ht

m

NCCC RTTY Sprint

01:45 - 02:15 UTC 19 August

Mode: RTTY Bands: (see rules) Classes: (none)

Exchange: Serial no, name and QTH

Score Calculation: Total score = total QSO

points x total mults

Submit logs by: 21 August 2016

E-mail logs to: (none)
Post log summary at:

http://www.3830scores.com/

Mail logs to: (none)
Find rules at:

http://www.ncccsprint.com/rttyns.html

NCCC Sprint

02:30 - 03:00 UTC 19 August

Mode: CW
Bands: (see rules)
Classes: (none)

Exchange: Serial no, name and QTH

Score Calculation: Total score = total QSO

points x total mults

Submit logs by: 21 August 2016

E-mail logs to: (none)
Post log summary at:

http://www.3830scores.com/

Mail logs to: (none)
Find rules at:

http://www.ncccsprint.com/rules.html

SARTG WW RTTY Contest

00:00 - 08:00 UTC and 16:00 - 24:00 UTC 20 August and 08:00 - 16:00 UTC 21 August

Mode: RTTY

Bands: 80, 40, 20, 15, 10 m

Classes: Single Op All Band; Single Op All Band Low Power; Single Op Single Band; Mul-

ti-Single; SWL

Max power: HP: >100 Watts; LP: 100 Watts

Exchange: RST and serial no Work stations: Once per band

QSO Points: 5 points per QSO with same country; 10 points per QSO with same continent; 15 points per QSO with different con-

tinent

Multipliers: Each DXCC country once per band; Each VK, VE, JA, W call area once per

band

Score Calculation: Total score = total QSO

points x total mults

Submit logs by: 12 September 2016 E-mail logs to: <a href="mailto:contest@sartq.com">contest@sartq.com</a>

Upload log at:

http://ua9qcq.com/en/submit\_log.php
Mail logs to: SARTG Contest Manager, Ewe
Hakansson, SM7BHM, Pilspetsvagen 4, SE-

29166, Kristianstad, Sweden

Find rules at:

http://www.sartg.com/contest/wwrules.htm

Russian District Award Contest

08:00 UTC 20 August to 08:00 UTC 21 Au-

gust

Mode: CW, SSB

Bands: 160, 80, 40, 20, 15, 10 m

Classes: SOAB Mixed Mode - high or low; SOAB Mixed Mode Field; SOAB CW - high or low; SOAB CW Field; SOAB SSB - high or low; SOAB SSB Field; Multi-Single Mixed Mode; Multi-Single Mixed Mode Field; SWL Exchange: RU: RS(T) and District code; non-

RU: RS(T) and QSO no

Work stations: Once per band per mode QSO Points: RU: 1 point per QSO with same country; RU: 2 points per QSO with same country, different continent; RU: 3 points per QSO with different country, same continent; RU: 5 points per QSO with different country, different continent; RU: 10 points per QSO between Field entrants; non-RU: 10

points per QSO with RU station

Multipliers: RU Stations: Each DXCC country once per band and each RDA district once

only; non-RU Stations: Each RDA district

once only

Score Calculation: Total score = total QSO

points x total mults

Submit logs by: 31 August 2016 E-mail logs to: <a href="mailto:rx3rc@rdaward.org">rx3rc@rdaward.org</a>

Upload log at:

http://ua9qcq.com/en/submit\_log.php

Mail logs to: (none)

Find rules at: <a href="http://rdaward.org/rdac1.htm">http://rdaward.org/rdac1.htm</a>

Himalayan Contest

12:00 UTC 20 August to 12:00 UTC 21 Au-

gust

Mode: CW, SSB

Bands: 80, 40, 20, 15, 10 m

Classes: Single Op - QRP, low or high; Multi-

Single; Multi-Multi

Max power: HP: >100 W; LP: 100 W; QRP: 10

W

Exchange: VU: RS(T) and VU State; non-VU:

RS(T) and serial no

Work stations: Once per band per mode

QSO Points: (see rules)

Multipliers: Total of any Asian station

worked once on each band

Score Calculation: Total score = total QSO

points x total mults

Submit logs by: September 20, 2016

E-mail logs to: logs@arsi.info

Mail logs to: Himalayan Contest, Prasad Rajagopal, PO Box 7523, Bangalore 560075,

India Find rules at:

http://arsi.info/contests/himalayan/rules

North American SSB QSO Party

18:00 UTC 20 August to 05:59 UTC 21 Au-

gust

Mode: SSB

Bands: 160, 80, 40, 20, 15, 10 m

Classes: Single Op - QRP or low; Multi-Two

(Low)

Max operating hours: Single Op: 10 hours;

Multi-Two: 12 hours

Max power: LP: 100 watts; QRP: 5 watts Exchange: NA: Name and state, province or

country; non-NA: Name

Work stations: Once per band

QSO Points: NA station: 1 point per QSO; non-NA station: 1 point per QSO with an NA

station

Multipliers: Each US state (including KH6/KL7) once per band; Each VE province/territory once per band; Each North American country (except W/VE) once per

band

Score Calculation: Total score = total QSO

points x total mults

Submit logs by: 05:59 UTC 28 August 2016

E-mail logs to: (none)

Upload log at:

http://www.ncjweb.com/naqplogsubmit/ Mail logs to: Bill Lippert, ACOW, 2013 6th Avenue SE, Austin, MN 55912-4321, USA

Find rules at:

http://www.ncjweb.com/NAQP-Rules.pdf

Feld Hell Sprint

20:00 - 21:59 UTC 20 August

Mode: Feld Hell

Bands: 160, 80, 40, 20, 15, 10, 6 m

Classes: (none)

Max power: Standard: 100 watts; QRP: 5

watts

Exchange: (see rules)

Work stations: Once per band

QSO Points: (see rules)
Bonus Points: (see rules)
Multipliers: (see rules)
Score Calculation: (see rules)
Submit logs by: 24 August 2016

Upload log at:

https://sites.google.com/site/feldhellclub/

Mail logs to: (none) Find rules at:

https://sites.google.com/site/feldhellclub/H

ome/contests/sprints/gridlocsprint

CVA CW DX Contest

21:00 UTC 20 August to 21:00 UTC 21 Au-

gust

Mode: CW

Bands: 80, 40, 20, 15, 10 m

Classes: Single Op - QRP, low or high; Single Op Single Band - low or high; Multi-Single - low or high; Multi-Two; Headquarters; Teen

Single Op; YL Single Op

Max power: HP: >100 watts; LP: 100 watts;

QRP: 5 watts

Exchange: RST and type/UF (see rules)

Work stations: Once per band

Q50 Points: (see rules)

Multipliers: Each UF once per band; Each

country once only

Score Calculation: Total score = total QSO

points x total mults

Submit logs by: 15 September 2016

E-mail logs to: <a href="mailto:cw@craec.org">cw@craec.org</a>

Mail logs to: (none)

Find rules at: http://www.craec.org

SARL HF Digital Contest

13:00 - 16:30 UTC 21 August

Mode: RTTY, PSK31 Bands: 80, 40, 20 m

Classes: Single Op All Band; Single Op Single Band; Multi-Op All Band; Multi-Op Single

Band

Exchange: RST and serial no Score Calculation: (see rules) Submit logs by: 28 August 2016 E-mail logs to: zs4bfn@mweb.co.za

Mail logs to: (none)
Find rules at:

http://www.sarl.org.za/Web3/Members/DoD

ocDown-

load.aspx?X=20151130131559djqp8afPqb.PD

F

ARRL Rookie RTTY Roundup 18:00 UTC-23:59 UTC 21 August

Mode: RTTY

Bands: 80, 40, 20, 15, 10, 6 m

Classes: Single Op Rookie; Multi-Op Rookie;

Non-Rookies

Max power: 100 watts

Exchange: NA: Name, 2-digit year first licensed and state, province, XE area or DX

Work stations: Once per band

QSO Points: 1 point per QSO with nonrookie; 2 points per QSO with rookie Multipliers: Each US state and DC once; Each VE province once; Each XE call area

once; One DX once

Score Calculation: Total score = total QSO

points x total mults

Submit logs by: 23:59 UTC 24 August 2016

E-mail logs to: (none)
Post log summary at:

http://www.b4h.net/arrlrr/rr\_scoresubmissi

on.php

Mail logs to: (none)

Find rules at: http://www.arrl.org/rookie-

roundup

Run for the Bacon QRP Contest 01:00 UTC-03:00 UTC 22 August

Mode: CW

Bands: 160, 80, 40, 20, 15, 10 m Classes: Single Band; All Band

Max power: 5 watts

Exchange: RST, state, province or country

and member no or power
Work stations: Once per band

QSO Points: 1 point per QSO with nonmember; 3 points per QSO with member on same continent; 5 points per QSO with

member on different continent

Multipliers: Each state, province or country once; Multiply mults by 2 if >50 members

worked

Score Calculation: Total score = total QSO

points x total mults

Submit logs by: 28 August 2016

E-mail logs to: (none)

Upload log at:

http://qrpcontest.com/pigrun/autolog.php

Mail logs to: (none)

Find rules at: <a href="http://grpcontest.com/pigrun/">http://grpcontest.com/pigrun/</a>

### Next Week's Contests

SKCC Sprint, 00:00 - 02:00 UTC 24 August Phone Fray, 02:30 - 03:00 UTC 24 August

CWops Mini-CWT Test, 13:00 - 14:00 UTC and 19:00 - 20:00 UTC 24 August and 03:00 - 04:00

UTC 25 August

RSGB 80 m Club Sprint, SSB 19:00 - 20:00 UTC 25 August

QRP Fox Hunt, 01:00 - 02:30 UTC 26 August

NCCC RTTY Sprint, 01:45 - 02:15 UTC 26 August

NCCC Sprint, 02:30 - 03:00 UTC 26 August

Hawaii QSO Party, 04:00 UTC 27 August to 04:00 UTC 29 August

ALARA Contest, 06:00 UTC 27 August to 05:59 UTC 28 August

Keyman's Club of Japan Contest, 12:00 UTC 27 August to 12:00 UTC 28 August

SCC RTTY Championship, 12:00 UTC 27 August to 1159Z 28 August

W/VE Islands QSO Party, 12:00 UTC 27 August to 03:00 UTC 28 August

YO DX HF Contest, 12:00 UTC 27 August to 12:00 UTC 28 August

Kansas QSO Party, 14:00 UTC 27 August to 02:00 UTC 28 August and 14:00 - 20:00 UTC 28 August

Ohio QSO Party, 16:00 UTC 27 August to 04:00 UTC 28 August

CVA SSB DX Contest, 21:00 UTC 27 August to 21:00 UTC 28 August

SARL HF CW Contest, 13:00 UTC - 16:30 UTC 28 August

The Pretoria Amateur Radio Club's flea market will be on Saturday 27 August at the premises of the Pretoria Old Motor Club in Davey Street, Silverton, Pretoria. Start time is 8:00. The usual Boerewors rolls, coffee and cold drinks will be available. To book a table, please contact Almero du Pisani, ZS6LDP, on 083 938 8955 or send e-mail to <a href="mailto:almero@up.ac.za">almero@up.ac.za</a>. Do not miss this enjoyable event.

# VHF Happenings

## VHF DX can be worked during poor HF conditions

There are many countries across our northern border that includes Namibia, Botswana, Angola, Zimbabwe, Zambia and Mozambique. Several of these countries are already on VHF and what is needed is to encourage VHF activity in as many sub-Saharan countries as possible. Our long coastline covers many islands such as Madagascar, Reunion, Marion, Tristan da Cunha, Ascension and St Helena. Reunion Island has been worked many times on both 144 and 432 MHz, up to a maximum distance of around 3 240 km on 144 MHz SSB and digital. Division 2 and 5 stations made contact with Marion Island on 50 MHz CW, SSB and FM over a maximum distance around 1 880 km.

The distance between Cape Town and Luderitz is about 845 km and has been worked on both 144 and 432 MHz SSB. Cape Town is about 3 000 km from St Helena Island and it should be an easy target on 144 MHz SSB or FM. The challenges are there it only requires serious amateurs to accept it and advance amateur radio, but you will need a horizontal Yagi and about 100 Watts to do it.

Then there is the TEP season that stretches from September to November and again from February to April, which enables Divisions 3, 4, 5 and 6 to often work DX around the Mediterranean on 50, 70 and 144 MHz.

#### This Week's Contests

ARRL 10 GHz and Up Contest

06:00 local 20 August to 24:00 local 21 August

Mode: Any

Bands: 10 GHz to light

Classes: 10 GHz Only; 10 GHz and Up Max operating hours: 24 hours

Exchange: 6-Character Maidenhead Locator Work stations: Once per location (see rules)

QSO Points: 100 points per QSO with unique call sign per band; 1 point per km distance per

Q50

Multipliers: (none)

Score Calculation: Total score = total QSO points

Submit logs by: 18 October 2016 E-mail logs to: 10GHZ@arrl.org

Mail logs to: 10 GHz Contest, ARRL Contest Branch, 225 Main St., Newington, CT 06111, USA

Find rules at: <a href="http://www.arrl.org/10-qhz-up">http://www.arrl.org/10-qhz-up</a>

Items used with acknowledgement to the ARRL Letter, the ARRL DX News, the ARRL Contest Update, OPDX Bulletin, 425 DX Bulletin, DXNL Newsletter, WIA-News, the RSGB News, DxCoffee, Southgate ARC News, DX World and the Amateur Radio Newsletter